



Gerstenmaier

PEDIATRIC DENTISTRY

from day one



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In Case of Dental Emergency

A dental emergency can occur at any time so it's critical that you know just what to do when it does. We've compiled the following list of common crises and simple tips to treat your kids while you call us for help.

- Toothache - Rinse with warm water and remove food stuck between teeth with floss. Using a cold compress might also alleviate some of the discomfort.
- Lip or Tongue Bite - Clean the wound with water and firmly apply a wet washcloth or cold compress to reduce the swelling and stop the bleeding.
- Knocked-out Tooth - Fast response is crucial to saving the tooth! If the tooth has been completely knocked out, place it in a cup of milk and call us immediately!
- Broken or Chipped Tooth - Collect all fragments of the damaged tooth and carefully rinse them with water. Have your child rinse his or her mouth with water while you call us right away for an appointment.

Keeping this list in a convenient location will help you make the right call when care is needed, but it's always a good idea to practice prevention too - diligently pick up objects that might trip your child and don't allow them to chew popcorn kernels, ice, or other hard foods.



Remember, in the event of any of the above, you should always contact us to schedule an appointment for as soon as possible.



Congratulations to GPD's
No Cavity Club Winner for May
- Lucas!



Don't forget to pick up
Our Story and a
Welcome Brochure!

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dental hygiene!



Teething Time

Teeth generally begin to appear at about six months, but might take up to a year to erupt. They typically erupt in the following order: two bottom front first, followed by the four upper front, then the two lower next to the bottom front, followed by the first molars and four canines, and finally, the remaining molars.

Teething symptoms, listed below, usually continue until all twenty primary teeth have erupted:

- Biting hard objects
- Disruption in sleep schedule
- Gum soreness and swelling
- Irritability
- Excessive drooling

If your baby is experiencing any of these symptoms, try providing him or her with a gel teething ring - a soft, safe, chewable object that can be purchased at most major retailers. Place it in the refrigerator to give your baby an especially cool, soothing sensation!



For gum soreness, it might help to alleviate the pain by gently rubbing the affected areas with a clean finger, wet cloth, or cold spoon for no more than two minutes. If your baby is eating solids, try giving only cold food and drink.

Should any of the above symptoms worsen, or should something occur outside of the scope of the above, call us to set up an appointment so that we can take a look!

About Our Practice

Gerstenmaier Pediatric Dentistry is a family owned practice located in Akron, Ohio. From day one, we have provided children, adolescents, families and adults with special needs with the right care at the right time -- ensuring positive dental experiences that last a lifetime and bring bright and happy smiles to every patient.